

THE WORLD'S MOST BEAUTIFUL VOYAGE



NORWEGIAN COASTAL VOYAGE INFORMATION

Dear adventurer

appeal is remarkably simple: this is one of the most beautiful countries on Earth. Hurtigruten provides adventures that are unmistakably Norwegian, sailing under the midnight sun in summer and the northern lights during winter. With daily departures, our ships journey calmly through majestic fjords and call on small, remote ports in places most vessels are un-

THE ESSENCE of Norway's able to reach. And we've been sailing here for 125 years. As we celebrate our anniversary in 2018, you will experience festivities on-board all our ships with special five-course dinners, lectures, and limited edition souvenirs.

> WE WISH YOU welcome on board and a pleasant journey!

Dear Adventurer Norway map Timetable the northbound voyage

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THE NORTHBOUND ITINERARY

RUSSIA

DAY		Departure Bergen 01.11- 31.03	
		Arrival	Departure
÷	BERGEN	14:30	22:30
	FLORØ	4:30	4:45
	MÅLØY	7:15	7:30
	TORVIK	10:30	10:45
	ÅLESUND	12:00	15:00
7	GEIRANGER	-	-
	URKE	-	-
	ÅLESUND	-	-
	MOLDE	18:00	18:30
	KRISTIANSUND	22:15	23:00
ო	TRONDHEIM	6:00	12:00
	RØRVIK	20:45	21:15
	BRØNNØYSUND	0:45	1:00
	SANDNESSJØEN	3:45	4:15
	NESNA	5:25	5:30
4	ØRNES	9:15	9:30
	BODØ	12:30	15:00
	STAMSUND	19:00	19:30
	SVOLVÆR	21:00	22:00
	STOKMARKNES	1:00	1:15
	SORTLAND	2:45	3:00
	RISØYHAMN	4:15	4:30
ß	HARSTAD	6:45	7:45
	FINNSNES	11:00	11:30
	TROMSØ	14:15	18:30
	SKJERVØY	22:30	22:45
	ØKSFJORD	2:00	2:15
	HAMMERFEST	5:15	6:00
	HAVØYSUND	8:45	9:15
	HONNINGSVÅG	11:15	14:45
9	KJØLLEFJORD	17:00	17:15
	MEHAMN	19:15	19:30
	BERLEVÅG	22:00	22:15
	BÅTSFJORD	23:45	0:45
	VARDØ	3:15	3:30
2	VADSØ	6:45	7:15
	KIRKENES	9:00	12:30

Day 1 - Northbound BERGEN

The journey begins

UNESCO and

Bergen is a popular

One example is the

back to the 14th

the narrow alley-

medieval maritime atmosphere.

destination for

modern-day

Bryggen

Lively fish market Bergen's famous fish market is a lively place, brimming with fresh seafood from Norwegian waters. The bustle of fishermen offloading their catch, the fascinating variety of fish and crustaceans, the kaleidoscope of colours and the familiar salty fragrance of the sea combine to create a heady atmosphere.

—Hurtigruten's Classic Round Voyage lasts 12 days and starts at our southernmost port, Bergen. Before departing, why not arrange some extra time to explore one of Norway's most beautiful and distinctive cities.

We cruise north from Bergen along the Hjeltefjord, the same route the Vikings once sailed to the Shetland Islands and beyond. We are heading to the high north. After a tasty dinner, you can spend the rest of the evening relaxing, taking in the ever-changing landscapes on deck or in the panorama lounge.





WHAT TO SEE

BRYGGEN: Experience medieval history among the old Hanseatic buildings. THE FLØIBANEN FUNICULAR: Enjoy spectacular views of the city from atop Mount Fløyen. FANTOFT STAVE CHURCH: Explore ancient

architecture combining pagan and Christian beliefs. THE FISH MARKET: Smell the sea breeze and fresh delicacies of the deep.

TROLDHAUGEN: Visit the home of composer Edvard Grieg.

THE AQUARIUM: Experience life under water. OLD BERGEN MUSEUM: An open-air museum and reminder of what Bergen was like in the 1700s and 1800s.

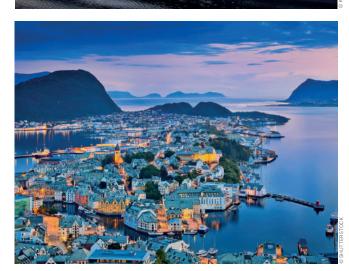
Read more on HURTIGRUTEN.CO.UK/ **EXCURSIONS**

Berge

Silence of the *fjords*

— Wake up early to see Hornelen (860 metres above sea level) and the landscape of Nordfjord. As we sail past the West Cape, we cross the open sea for the first time during the voyage.

The ship navigates through skerries and islands before reaching the Art Nouveau town of Ålesund. In summer, we sail towards what is often considered to be Norway's jewel in the crown, Geirangerfjord, surrounded by majestic mountain peaks, steep cliffs and cascading waterfalls. In autumn, we explore the idyllic Hjørundfjord only Hurtigruten sails into this gem of a fjord.





Atlanterhavsparken Aquarium and Mount Aksla 20

WHAT TO SEE

Situated at the entrance to the Geirangerfjord, Ålesund could have been taken right out of a fairy tale. If you look up as you explore the town, you will be enchanted by the rounded towers, sinuous lines and foliate forms typical of Art Nouveau. A trip to Aksla Mountain in the middle of the town is a must. Walk the 418 steps to the top and you will be rewarded by unforgettable panoramic views. Also visit the Atlanterhavsparken, which is one of Northern Europe's largest saltwater aquariums and an architectural gem, built into the coastal landscape.

FRØY Molde 2C/E 2D Ålesund Geirangerfjord 2B Torvik 者 Hjørundfjord 2F 2G 2H 2I 2J Måløv HE WEST COAST Florø

Day 2 - Northbound

EXCURSIONS
2B Geiranger with Trollstigen Pass SUMMER
2C/E Art Nouveau walk WINTER SPRING AUTUMN
2D Atlanterhavsparken Aquarium and Mount Aksla WINTER SPRING
2F A Taste of Norway AUTUMN
2G Mountain hike in the Hjørundfjord AUTUMN
2H Hike with a visit to a shieling AUTUMN
2I Hjørundfjord, Geiranger and Trollstigen Pass AUTUMN
2J Hjørundfjord, Geiranger and Ålesund AUTUMN

Hikes & 'Friluftsliv' activities (Ships with expedition team) [ALL YEAR] Read more on

EXCURSIONS

HURTIGRUTEN.CO.UK/



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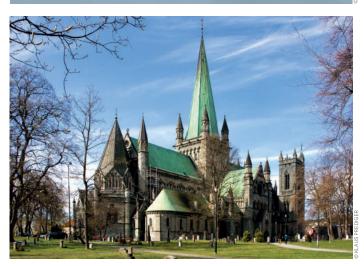
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— Trondheim, formerly called Nidaros, was founded in 997 A.D. and was Norway's capital from 1030 to 1217.

The city is home to Norway's national shrine, Nidaros Cathedral, which has been a popular pilgrimage destination for nearly 1,000 years. Today, it is a city of students, technology, culture, cycling and food. Trondheim's architecture and surroundings create a beautiful, almost mystical atmosphere for any outing, whether you prefer a guided tour of Nidaros Cathedral, kayaking on the River Nid and into the city's smaller channels, or a casual walk or bicycle ride among the beautifully restored wooden buildings in the Bakklandet district.





Kayaking on the river Nid 3G

The river that flows quietly through the centre of Trondheim is a great destination in itself. Kayaking on the river lets you see the city from a completely different angle. Remember to take small detours into the many canals off the river's main channel.

WHAT TO SEE

Make sure you catch the view from the Gamle Bybrua bridge that dates back to 1861, and wander around the restored wooden buildings in the Bakklandet district.

EXCURSIONS

- 3A Nidaros Cathedral and Ringve Museum in Trondheim SPRING SUMMER
- **3B** Trondheim with Nidaros Cathedral AUTUMN WINTER
- 3D Trondheim city walk ALL YEAR
- 3G Kayaking on the River Nid ALL YEAR
- 3H Cycling in Trondheim SPRING SUMMER
- 31 The northernmost tram ride in the world AUTUMN WINTER SPRING

Hikes & 'Friluftsliv' activities (Ships with expedition team) ALL YEAR



Day 3 - Northbound

Read more on HURTIGRUTEN.CO.UK/ EXCURSIONS

Crossing an *invisible* border

— Today we cross the Arctic Circle. This invisible border at 66 degrees 33 minutes north marks the southernmost point of the midnight sun, which shines 24 hours a day in summer.

The chances of catching the northern lights in winter are also higher above this line. This is where the Arctic begins. Norway's second largest glacier, Svartisen, is located near the old trading village and port of call Ørnes. Our journey continues along the beautiful Helgeland coastline, considered by many to be just as spectacular as Lofoten. In the afternoon, we sail from Bodø across Vestfjord, and the 1.000 metre-high mountain Lofotyeggen appears on the horizon. Then we reach Lofoten. For part of the year, we also sail into the amazingly narrow Trollfiorden.







Experience Bodø and Saltstraumen 4C

Join us for a coach tour of the second-largest city in Northern Norway, Bodø, and then see the world's largest tidal current, the legendary Saltstraumen with water speeds reaching 22 knots. Saltstraumen has fascinated people for generations. Author Jules Verne even wrote about it in his famous novel 20.000 Leagues Under the Sea.

Up to 13 billion cubic feet of seawater forces its way through a 1.9-mile-long passage that is just 150 metres wide and 31 metres deep. Vortices known as maelstroms, up to 10 m in diameter and 5 m in depth, are formed when the current is at its strongest.

WHAT TO SEE

EXCURSIONS

4A

4B

4D

4E/F

4G

4H

41

The charms of the Lofoten Islands are revealed in their small, picturesque fishing villages with a bohemian atmosphere. Tucked in between maiestic granite cliffs and white sandy beaches, Lofoten is an experience that is out of the ordinary.

Svartisen Glacier SUMMER

Meet the Vikings ALL YEAR

Lofotpils Brewery ALL YEAR

Hikes & 'Friluftsliv' activities (ships with expedition team) ALL YEAR

Farm visit in Lofoten SPRING SUMMER AUTUMN

Arctic Coastal Walk ALL YEAR

Svolvær 4E/FI4GI4H Stamsund LOFOTEN Bodø 4B 4C 4D 4A Ørnes Nesna Sandnessjøen The Seven Sisters COAST OF HELGELAND Brønnøysund Experience Bodø and Saltstraumen ALL YEAR RIB safari to Saltstraumen SPRING SUMMER AUTUMN Read more on Highlights of Lofoten SPRING SUMMER HURTIGRUTEN.CO.UK/ **EXCURSIONS**

Day 4 - Northbound

BRØNNØYSUND-SVOLVÆR



—Now you are approaching Tromsø, the capital of the Arctic. Get ready for a funfilled day packed with exciting activities, no matter what time of year you travel.

Feel the wilderness

There is plenty to discover in this remarkably cosmopolitan city, often described as Paris of the north — Tromsø's numerous attractions include wildlife and impressive vistas, daring architecture, and exciting activities. You can have fun dog sledding, hiking, or learning about Norway's fascinating polar history. Or join us for a kayaking excursion where you can admire this beautiful Arctic city from a waterborne point of view.





WHAT TO SEE

The Ølhallen pub in Tromsø opened in 1928 in the cellar of Macks Bryggeri, the northernmost brewery in the world. Ølhallen is situated at the southern end of Storgata, Tromsø's main street, and is easy to find. You can go on a guided tour of the brewery or just enjoy a beer with the regulars. Expect lots of

good conversation and laughter.

Bundle up, sit back and enjoy spectac-

ular views of the surrounding polar sea

and surrounding mountains, letting the

team of huskies pull you over the frozen

Dog Sledding 5B

terrain.

5N Snowshoeing in Tromsø WINTER

Hikes & 'Friluftsliv' activities (ships with expedition team) ALL YEAR Read more on HURTIGRUTEN.CO.UK/ EXCURSIONS



Reindeer

Essential to Sámi culture and life, reindeer provide everything from clothes to food and are kept in herds that are moved long distances across vast areas of land to the rhythm of changing seasons. The highest concentration of reindeer held as livestock is found on the Finnmark plateau, where for centuries Sámi have been moving their herds back and forth from the inland to the coast.

WHAT TO SEE

In autumn and winter, this part of the journey provides the best o those who want to see the northern lights.

6J Expe

Top of the World at *the North Cape*

-Enjoy the magnificent landscape as we continue our journey towards the North Cape.

In Honningsvåg, you can join us for a cultural walk through the town and let yourself be charmed by the colourful buildings. We then sail through the heart of the Sámi homeland to the port of Kjøllefjord. This area is famous for its rich birdlife. Enjoy the sub-Arctic landscape as we cross the 71st parallel north, and be sure to experience the imposing North Cape - the northernmost point on the continent.

The North Cape 6A

Imagine taking a journey north, passing through rough waters or snow covered terrain, when suddenly a mountain cliff comes into view, rising 307 metres above the Arctic Ocean. Stand at the edge of the cliff with the iconic globe monument and gaze across the ocean. Only the Svalbard Islands separate you from the North Pole. With clean, crisp air and vistas that extend to where the sea meets the horizon, North Cape feels like the end of the world.



opportunity for e mystical						
DNS						
North Cape ALL YEAR						
watching safari SPRING SUMMER	Read more on HURTIGRUTEN.CO.UK/					
ni culture SPRING SUMMER	EXCURSIONS					
wmobile trip in the Arctic WINTER SPRING						
ni autumn AUTUMN						
ing village visit ALLYEAR						
ter expedition in the Arctic wilderness SPRING						
edition to North Cape - the historical route SUMMER						

FINNKJERKA

Havøvsund

Hammerfest

THE NORTH CAPE

71°N

Day 6 - Northbound ØKSFJORD-BERLEVÅG

Berlevåg

Mehamn 6C 6D 6E Kiøllefiord

Honningsvåg 6A 6B 6H

61

Hikes & 'Friluftsliv' activities (Ships with expedition team) ALL YEAR

16

From *almost* **Russia with love**



WHAT TO SEE

Kirkenes, not far from the Russian border, is Hurtigruten's turning point. Enjoy panoramic views from the lounge as we sail into the last port before turning around and starting our journey south.

Snowmobile safari 70

After a short trip by coach to a site outside Kirkenes, and a training by some of Norway's best snowmobile instructors, we take off on a snowmobile adventure over a frozen fjord and across beautiful frozen terrain at the height of Arctic winter. Experience snowy valleys, invigorating winter air, and learn about the history and extreme climate of the area from your guides.

BÅTSFJORD-KIRKENES -BERLEVÅG Berlevåg Båtsfjord Vardø Kirkenes 7A 7B 7C 7D 7F 7H 71

Day 7 - North-/Southbound

---- Kirkenes is known as the capital of the Barents Region and is the gateway to the east.

The town is also Hurtigruten's turning point of our 12-day voyage. You notice that the landscape and sea along the coast of Finnmark become increasingly more dramatic the closer we come to Kirkenes, which is located iust a few miles from the Russian border.

Nature's greatest light show On occasion, the night sky over northern Norway explodes into a light show of green, white, pink, blue and violet. The unearthly beauty of the aurora borealis (Northern Lights) mesmerises all who stay or travel in Polar Regions. The Northern Lights belt stretches along the northern coast from Lofoten to the North Cape. One of your best chances of experiencing the Northern Lights is on a Hurtigruten voyage in the winter season. Witnessing the celestial Northern Lights shimmering in the star-studded sky is a life-affirming experience that will remain with you forever.



HURTIGRUTEN.CO.UK/ EXCURSIONS 7A The Russian border ALL YEAR Riverboat to the Russian border SUMMER AUTUMN 7B 7C Snowmobile safari WINTER SPRING 7D Kirkenes Snowhotel WINTER SPRING 7E ATV/Quad safari to the Russian border SPRING SUMMER AUTUMN 7F Husky sledge adventure WINTER SPRING 7H King crab expedition SPRING SUMMER AUTUMN 71 Mountain hike with huskies SUMMER Hikes & 'Friluftsliv' activities (Ships with expedition team) ALL YEAR

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Read more on

EXCURSION



THE Southbound Voyage

THE SOUTHBOUND ITINERARY

≻		Departure Kirkenes	
DAY		01.11 - 31.03	
		Arrival	Departure
	KIRKENES	9:00	12:30
	VADSØ	-	-
~	VARDØ	15:45	16:45
	BÅTSFJORD	19:45	20:15
	BERLEVÅG	21:45	22:00
	MEHAMN	0:45	1:00
	KJØLLEFJORD	2:45	3:00
	HONNINGSVÅG	5:30	5:45
	HAVØYSUND	7:45	8:00
œ	HAMMERFEST	10:45	12:45
	ØKSFJORD	15:30	15:45
	SKJERVØY	19:15	19:45
	TROMSØ	23:45	1:30
	FINNSNES	4:15	4:45
	HARSTAD	7:50	8:30
	RISØYHAMN	10:45	11:00
6	SORTLAND	12:30	13:00
	STOKMARKNES	14:15	15:15
	SVOLVÆR	18:30	20:30
	STAMSUND	22:00	22:30
	BODØ	2:30	4:15
	ØRNES	7:00	7:15
_	NESNA	11:00	11:15
9	SANDNESSJØEN	12:30	13:00
	BRØNNØYSUND	15:45	17:00
	RØRVIK	20:30	21:30
	TRONDHEIM	6:30	10:00
Ħ	KRISTIANSUND	16:30	17:00
	MOLDE	21:00	21:30
	ÅLESUND	0:30	1:00
	TORVIK	2:15	2:30
12	MÅLØY	5:15	5:45
	FLORØ	7:45	8:15
	BERGEN	14:30	22:30

Surrounded by excitement





WHAT TO SEE

EXCURSIONS

Founded in 1789, Hammerfest is also home to the UNESCO-listed Meridian Column, erected in 1854 to commemorate the first precise measurement of the globe.

8A Breakfast at The North Cape SPRING SUMMER AUTUMN

8C Midnight concert in the Arctic Cathedral ALL YEAR

8G Mountain hike in Hammerfest

SUMMER AUTUMN

WINTER

8F Snowmobile trip in the polar night WINTER SPRING

8H Into the Ice – stories of a polar hero

NEARLY ALL YEAR

8B The northernmost town in the world



Day 8 - Southbound

Mehamr

Kjøllefjord

Honningsvåg

FINNKJERKA

Havøvsund

Hammerfest 8B 8G 8H

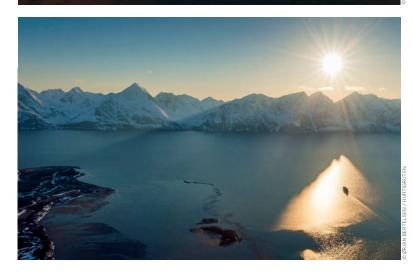
THE NORTH CAPE

Read more on HURTIGRUTEN.CO.UK/ EXCURSIONS

——We now bid the region of Finnmark farewell, as we sail southbound past Fruholmen and Europe's northernmost lighthouse.

martin B Color

On Hjelmsøy, you have a great view of Europe's largest colony of guillemots and razorbills. From Honningsvåg, you can choose to enjoy breakfast at the North Cape, and in Hammerfest, you can join a mountain trek or guided tour of the town. In spring, we also enjoy views of the beautiful Lyngen Alps, as we take a detour into the Lyngenfjord.



Don't blink, it's Lofoten

— Make sure you do not oversleep today. The journey past the beautiful Vesterålen islands towards the equally spectacular Lofoten is, for many, the highlight of the trip.

Between Sortland and Stokmarknes, you can see the famous mountain, Møysalen, which has inspired numerous artists over the years. As we sail south through Vesterålen, we seemingly head straight for the mountain wall, but there is an opening, Raftsundet, leading to the narrow and bewitching Trollfjord, which we sail into during certain parts of the year. We end the day with activities in Svolvær, the capital of Lofoten, such as a sea eagle safari, fishing and RIB boat rides, horseback riding and more.



Still carrying freight and passengers

Risøyhamn is a small village on the island of Andøya. We stop here to drop off passengers - and to deliver food and post to the locals, numbering approximately 200 inhabitants. Delivering food, money and medicines has been an important task for Hurtigruten for 125 years, and an invaluable service to the communities living along Norway's coast.

WHAT TO SEE

Raftsundet

Raftsundet is a 20-kilo-

metre-long strait between

Lofoten and Vesterålen, flanked

by 1,000-metrehigh mountains.

As we sail through the strait,

you see picturesque villages

still inhabited as well as those

beaches. We then come to the

kilometre-long, 100-metre-wide fjord. Weather permitting, we

venture in... of all the experiences

with Hurtigruten, don't forget

vour camera!

mouth of Trollfjord, the two-

Sailing through Vesterålen to Lofoten should be at the top of the list of things to do for every traveller and explorer. The beauty here is unparalleled.

EXCURSIONS

9A A taste of Vesterålen ALL YEAR 9B Lofoten Islands SPRING SUMMER 9C Sea eagle safari AUTUMN SPRING SUMMER 9D Lofoten by horse ALL YEAR 9E RIB adventure in Lofoten SUMMER 9G Fishing in Lofoten SPRING SUMMER Hikes & 'Friluftsliv' activities (Ships with expedition team) ALL YEAR





9F Discover a fishing village AUTUMN WINTER SPRING



A date with the *Seven* Sisters



A strange mountain in the sea

Torghatten (258 metres above sea level) is famous for the distinctive hole right through the middle of the mountainside. The hole is 160 metres long, 35 metres high and 20 metres wide and was created during the ice age. The softer rock gradually eroded, while harder rock around the hole remained. The walk up to the hole takes about 20 minutes along a natural trail.



WHAT TO SEE

During this part of the journey you should watch for the unique rock formations Hestmannen, Torghatten and the Seven Sisters.

EXCURSIONS

10B UNESCO Vega Archipelago SUMMER

10C Visit the salmon SPRING SUMMER AUTUMN

Hikes & 'Friluftsliv' activities (Ships with expedition team) ALL YEAR



Read more on HURTIGRUTEN.CO.UK/ EXCURSIONS

—As you reluctantly tear yourself away from Lofoten, we sail onwards towards the Helgeland coast, with its equally magnificent sights.

In the morning, we cross the Arctic Circle and head for the Helgeland coast with its abundance of islands, islets, reefs and steep mountain walls. This is the home of the unique rock formation Hestmannen, the peculiar mountain Torghatten with its distinctive hole, and the spectacular Seven Sisters mountain range. We make a short stop in Nesna, an idyllic old trading post, before moving on to Sandnessjøen, Brønnøysund and Rørvik.



In *cod* we trust

HIDTICDUTE

— Today gives you another opportunity to explore the city of Trondheim. Continuing south, the ship heads slowly out of the Trondheimsfjord, passing the islands of Munkholmen, Hitra and thousands of islets and skerries.

Next stop is Kristiansund. The city's location has provided the town with a wealth of opportunities in the fishing, ship building and oil industries. It is now regarded as Norway's 'cured cod capital' because of its long-time export of salted dry fish. As we cross the open sea to Molde, known as the 'city of roses', you can take in the view of the steep, grey, pointed peaks of the Romsdal Alps from deck.





A walk through 1,000 years 11A

Enjoy a guided tour through the historic capital of Norway. Visit spectacular Nidaros Cathedral. The building of Norway's national sanctuary began in 1070. Nidaros Cathedral displays beautiful stained glass from the 19th and the 20th centuries, and the statues and ornaments of the west front are a great attraction in itself. You will also see Trondheim's streets, boroughs and highlights, including a short stop at Utsikten (The View) to admire the city from a high elevation.

WHAT TO SEE

The Nidaros Cathedral is Norway's only Gothic-style cathedral and is considered a national shrine.

Bergtatt - Magnificent Marble Mine

Join us on a guided bus tour to Bergtatt, a working marble and limestone mine on the banks of a subterranean lake deep inside a mountain. We are taken on an unforgettable trip across an illuminated crystal clear lake inside the earth, towards a grand hall where dining tables are bathed in candlelight and we are served a savoury soup made from local ingredients. Along the way, we taste spring water sourced straight from the mountainside.



Day 11 - Southbound

Read more on HURTIGRUTEN.CO.UK/ EXCURSIONS

EXCURSIONS

- 11A Trondheim with Nidaros Cathedral ALL YEAR
- 11C The Atlantic Road SPRING SUMMER AUTUMN
- Bergtatt magnificent marble mine

 AUTUMN
 WINTER

 SPRING

The final chapter of the *fairy* tale

— The world's most beautiful voyage is drawing to a close and during the night the ship will call at Ålesund, Torvik and Måløy.

But before we dock in Bergen, there are still a few nautical miles of fascinating scenery left, like picturesque Nordfjord that lies below the enormous glacier, Jostedalsbreen. Nordfjord stretches 90 kilometres inland from the open sea, all the way to the tiny villages of Loen and Olden. The rugged landscape at the mouth of the fjord is in stark contrast to the fertile landscape at the other end. Lush orchards and glacier arms reach out towards sparkling lakes and cascading waterfalls. Enjoy this beautiful sight and be sure to make the most of the last hours on board.







Keep exploring Norway

On all our coastal voyages, you can add a few extra nights, before or after your journey, and get more out of your holiday with our land adventures

(hurtigruten.co.uk/land-adventures). See breathtaking fjords, explore the steep mountain landscape in Lofoten, take an extraordinary train journey, experience the atmosphere in Norway's capital or discover the crown of Arctic Norway; Svalbard. We highly recommend staying for a couple of nights in one of the featured cities (Kirkenes, Tromsø, Lofoten, Bergen, Oslo or Longyearbyen) to experience more of the Norwegian cuisine, culture and scenery. All of our accommodation has been specially selected to offer the best and most central location.

History and *main sights* of Bergen 12A

Enjoy a guided tour past the picturesque allevs and well-known locations such as Nordnes peninsula. Håkon's Hall and the Rosenkrantz Tower, Maria Church, Bergen harbour and the famous fish market. In addition to seeing all this, our well-informed guides will also take you on a short walk through the UNESCO-listed old buildings in the Bryggen district. During this trip, you will receive a good insight into the city's history and development, from its founding in 1070 right through to the present day.

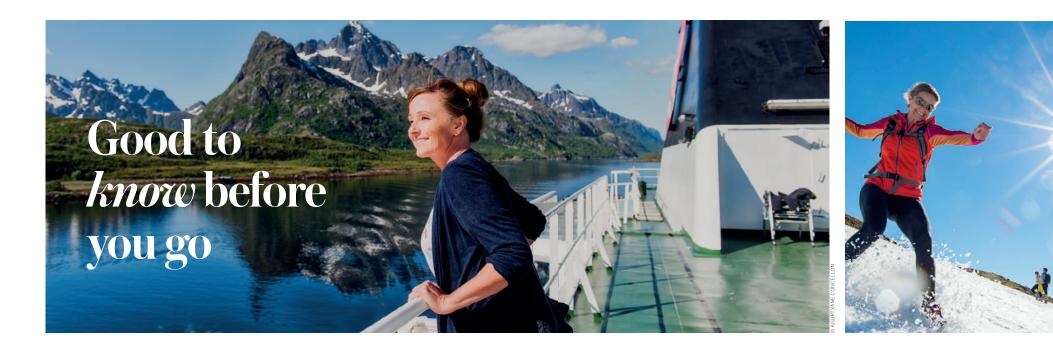


Day 12 - Southbound

Read more on HURTIGRUTEN.CO.UK/ EXCURSIONS

EXCURSIONS

12A Bergen city sightseeing ALL YEAR Only bookable on board



BEFORE YOU GO

Please check your itinerary and that you have all the appropriate vouchers required. If you think you are missing anything or have any queries, contact our reservations team or your travel agent immediately.

Preparation is part of the pleasure of your holiday; add to your enjoyment by finding out about your destination before you travel: the climate, local customs, public holidays, and the food and drink.

INSURANCE

It is a condition of your contract with us that every member of the booking has travel insurance in force for the entire duration of the holiday, covering at least the cancellation of the booking and providing medical cover for illness or injury and repatriation while overseas. Please provide us with the name of your insurer, together with their 24-hour emergency number.

LUGGAGE

Passengers may bring up to 50 kg of luggage. We recommend that you only bring luggage that you are able to carry yourself, as luggage service is only available in Bergen and Kirkenes. We ask our guests not to store any luggage in the ship's common area. You may store your luggage in the luggage room/locker at your own responsibility. Hurtigruten are not responsible for any loss of luggage. Any oversized/heavy luggage is counted as cargo, and must be paid for extra.

Please remember to keep any medication you rely on as well as your passport and glasses in your hand luggage at all times.

PASSPORT/ID CARD

All guests checking in at the Hurtigruten Terminal or on board our ships have to present a valid Passport or government approved ID Card. Guests planning to extend their journey and visit Spitsbergen, Svaldbard, are asked to take their passport with them.

SHORE EXCURSIONS

Please bring your driving license if you have pre-booked or are planning to go on any of the snowmobile or ATV excursions.

Excursions and their contents are subject to maximum/minimum numbers, sailing times and weather and/or local conditions. If pre-booked excursions have to be cancelled, you will receive a refund in on board credit on your cruise card (please see information regarding cruise card on page 38).

TIME NORWAY

CET (GMT + 1) CEST (GMT +2)

TRANSFERS AND FLIGHTS

Hurtigruten operates transfer services in Bergen, Trondheim and Kirkenes.

If your flight is delayed or cancelled, contact numbers are shown in the Arrival-Departure Information to advise you of your revised arrival details.

Pack like an *explorer*

There are several things to remember and bring along when you are coming on an expedition with us.

To make packing a bit easier, we have drawn up a pack list.

If you should forget something, don't worry! On board all of our ships you will find a shop with a wide range of clothes and practical items.



REMEMBER ...

- Warm jacket
- Wind and water resistant trousers and long thermal underwear & top
- Warm cap or headband
- Swimwear
- Scarf or tube scarf
- Warm woolen jumper and a warm jacket
- Sunglasses with uv-filter lenses
- Warm gloves and mittens
- Warm socks
- Extra batteries for your camera
- Shoes with good soles are recommended for outdoor use
- Good shoes to wear on board
- Memory card for your camera
- The dress code on board the ship is relaxed and casual, and you are not expected to dress formally for meals
- Extra shoelaces
- A pair of good binoculars
- A small waterproof backpack
 Please remember to bring your passport and a copy of it
- Sun protection (Factor 30 +)
- Lip salve with UV protection
- Money in the correct currency. Remember, our ships also accept several credit cards
- Remember to bring sufficient medicaton to last through any unforeseen delays

ACTIVITIES ON BOARD

As a part of the travel experience, we offer some interesting on board activities, demonstrations and presentations during your voyage. The activities, which take place inside the vessels and outside on deck, are related to the seasons and areas we are sailing in. We invite you to join in all these activities, which we will announce in the day-to-day programmes or on board.

Life on board

ALCOHOL POLICY

Due to the strict laws surrounding alcohol in Norway, and for the safety of our guests, alcohol that has not been purchased on board may not be consumed in any public area of the ship or in your cabin. Guests may bring up to two unopened bottles (maximum 1.5 litres each) per person onboard, but these will be required to be checked in at the reception desk, and will be returned at the end of your voyage.

AL KITCHEN

CHECK-IN/CHECK OUT

CABINS

The times for checking out of cabins are according to the ship's timetable and may vary from day to day. On arrival in Bergen, Kirkenes and Trondheim on the southbound, special rules apply:

- Cabins for departures from Bergen are available from 18:00 hrs.
- Check-out on arrival at Kirkenes is before 8:00 hrs.
- Check-out on arrival at Trondheim (southbound) is before 8:00hrs.
- Check-out on arrival at Bergen is before 10:00 hrs.

If you are travelling as a Platinum guest, different check-out timings may apply. Please contact the reception for more information.

FACILITIES

The facilities of the cabins vary between the ships and the various cabin grades. Towels and shower gel/liquid soap are provided in all cabins. Most of the ships have hair dryers in all cabins. If not, you may borrow one from the reception. Tea/coffee making facilities are available in Arctic Superior cabins and Expedition Suites.

During the winter months some cabins have portholes which may be covered due to weather conditions.

For bookings with unspecified cabin grades/numbers, requests for adjacent cabins or accommodation in a specific area of the ship etc cannot be guaranteed.

There are safety deposit boxes in suites on MS Midnatsol and MS Trollfjord, and in all cabins onboard MS Finnmarken and MS Spitsbergen. Hurtigruten cannot accept liability for any loss. Valuables may be handed in at reception to be kept in the ship's safe.

PLATINUM-FARE GUESTS

Priority embarking/disembarking is available for our Platinum guests. With Platinum fare you can choose our a la carte dining experience for every dinner and breakfast. Our drinks package is included with dinner. You can also have dinner with the captain once during your voyage and enjoy a visit to the captain's bridge. Two exclusive shore excursions are also included, and an outdoor activity clothing package. Airport transfers to/ from the ship are included in Bergen, Trondheim and Kirkenes. You can enjoy a daily turn-down service and a welcome basket with champagne on embarkation day.

SUITE SERVICE

We are pleased to introduce a range of extras if you have booked a suite on board one of our ships. These include a bathrobe and tea/coffee making facilities. For a fee you also have the option to use the mini bar. If there is available capacity, you may book and pay for an upgrade to a suite when on board.

CAFÉ

Serving traditional fare ('husmannskost'), soup of the day, fresh salads, wraps and sandwiches.

Enjoy bistro dishes such as Hurtigruten's signature burger and famous shrimp sandwich, sirloin steak, grilled salmon, locally-inspired pizza, desserts and sweet cakes. Juice, yoghurt with topping, soft drinks, local beverages and wine are also available for purchase.

CARS AND VEHICLES

Please be at the quayside at the latest 1,5 hours prior to the scheduled departure in Bergen. When you are travelling from Bergen to a port north of Bodø, please be at the terminal no later than 2 hours before departure. In Trondheim, Bodø, Tromsø and Kirkenes, please be at the pier latest 1 hour before departure. For all other ports, please be at the quayside 30 minutes prior to the scheduled departure. Please ensure to adhere to instructions and signage for cars at the ports.

Times in Bergen for driving the cars on board:
In the summer season (01 June-31 Oct): between 18:00 and 19:00 hrs.
In the winter season (01 Nov-31 May): between 19:30 and 21:30 hrs.

The procedure of driving cars on/off board: 1) Please bring all your luggage on board over the gangway and check in before driving on board. There will be no access to the car deck during the voyage and it is not possible to go ashore by car when the ship calls at ports. 2) You will receive a control key card for your car at check-in, which must be shown to the crew

on the car deck. All vehicles entering our ships could be subject to safety inspection. 3) Please follow the instructions of the crew when driving on board and ashore. Please note that only the driver is allowed in the car when driving on or off the ship, and the driver is responsible for driving on board/ashore. 4) Please park your car in low gear and the hand brake on.

5) Before driving off the ship, please deliver the car control key card to the crew on car deck. Please note that the luggage must be carried ashore over the gangway before driving off the ship.

Campers, caravans, car trailers and tractors are not allowed onboard.

CHILDREN'S PLAY AREA

There is a small play area for children on the following ships: MS Trollfjord, MS Midnatsol, MS Finnmarken, MS Richard With, MS Nordlys, MS Kong Harald and MS Vesteralen.

CRUISE CARD AND CURRENCY

The currency used on board is Norwegian Kroner. Exchange rates are similar to those in a hotel. Please check with the reception for methods of payment. Please note that a PIN code is required when paying with your personal credit card on board.

For your convenience, we offer a cruise card system on board all our ships. This system allows you to charge all on board purchases to your cruise card. Cruise-card accounts can be created at all points of payment on board the ship. We accept VISA, Master Card, Diners, American Express or cash (NOK, EUR, GBP, USD) as deposit. For more information, please contact the reception on board.

We suggest that you take a small amount of Norwegian Kroner (NOK) in cash. Major credit cards are widely accepted in Norway, except possibly at smaller businesses. You may be asked to provide identification when you pay by credit card or exchange money.

ELECTRICITY

The electric current supplied in the power sockets on board our ships is on the 220-volt AC standard, and requires a 2-pin continental-type plug. If you need power adapters or converters you can buy one in the shop onboard the ship.

EMBARKATION/DISEMBARKATION

Check-in will take place inside the ship in reception area in all ports except Bergen. In Bergen, the Hurtigruten ships sail from: Hurtigruten Terminal, Nøstegaten 30, N-5010 Bergen. Luggage lockers are available in the terminal and are chargeable 30 NOK. Please make sure to bring 3 x 10 NOK if you are to use the lockers. The terminal is open for luggage check-in from 13:00 until 14:30, and passenger check-in begins from 15:00 and embarkation from 16:00. Check in at the terminal is possible until 19:30 all year, after that the check in will take place on board. Cabins are available from 18:00 hrs.

TIME PERIOD	DEPARTURE	EMBARKATION
01. Jan - 31. May	22.30 hrs	From 16.00 hrs
01. Jun - 31. Oct	20.00 hrs	From 16.00 hrs
01. Nov - 31. Dec	22.30 hrs	From 16.00 hrs

Passengers are free to explore Bergen until embarkation time. A buffet dinner is served on the evening of departure from Bergen, usually between 18.00-21.00 hrs with open seating. Round Voyage guests will find their table assignment for the rest of the voyage in the envelope they receive at check-in. When disembarking in Bergen, luggage will be delivered to the luggage belt in the terminal. On the last day of the round voyage you will be asked to vacate your cabin by 10:00 am. If you are travelling as a Platinum-fare guest, different check-out times may apply. Please contact the reception for more information. Information regarding luggage handling and disembarkation at other ports is available on board.

ENVIRONMENTAL COMMITMENT

Every trip leaves a certain footprint, and acknowledging this is crucial for sustainability.

Hurtigruten's environmental efforts are tied to our strategic six point policy: 1. That environmentally-oriented measures

are identified and implemented in day-to-day operations.

2. That focus is directed specifically at the marine environment.

3. That we specify requirements for subcontractors and contractual partners.

4. That our communications concerning our own environmental performance are open and complete.

 That we ensure continuous monitoring and improvement of our environmental work.
 That we do not leave any permanent traces behind us in vulnerable areas.

From July 2nd, the day of our 125th anniversary, we ban all non-disposable plastic onboard our fleet.

As a traveller with Hurtigruten, your contribution to leaving a smaller footprint is welcome. We have garbage sorting aboard all ships, we encourage you to turn off lights when leaving the cabin and pull out the plug from electrical transformers not in use. When ashore, bring your litter back to the vessel or dispose this at designated places.

We are often near wildlife on our voyages. Please heed the advice from our tour leader/expedition leader and excursion guides and strive towards acting in a way that does not alter the wildlife's natural behaviour.

HAND HYGIENE

Hurtigruten wishes to ensure that your voyage will be as pleasant as possible and would like to ask you, for the sake of your own health and that of other people, to be especially conscientious with hand hygiene during your voyage. Anti bacterial hand gel is available throughout the ship.

HURTIGRUTEN'S 1893 AMBASSADOR PROGRAMME

Hurtigruten's 1893 Ambassador Programme offers special privileges to returning customers who have sailed with us.

For full details how to join, please visit our website: <u>www.hurtigruten.co.uk</u>

INTERNET

We have wireless Internet available on board for an extra charge, if not included in your choice of fare. Please ask for more information at the reception on board and our personnel will help you find the best solution.

ITINERARY/WORKING SHIPS

Hurtigruten ships operate on a set timetable and schedule, as shown in our brochures and on our website. Our ships carry goods, vehicles and passengers between ports.

You may expect some noise and vibration in a few cabins, which may be more noticeable during the loading of goods. This varies depending on the location of your cabin and the type of ship.

With the exception of MS Lofoten our vessels are equipped with stabilisers. On the Norwegian coast the ships enter the open sea for a few hours on only a few occasions. The majority of the time the ships sail between mainland Norway and the coastal islands where the sea is generally calmer. When visiting ports along the route, please make sure that you are back on board in time. The departure time is displayed at the gangway. Unfortunately, because of our schedule, our ships cannot wait for delayed passengers. If you miss your ship's departure, you will need to travel to the next harbour by yourself and at your own expense.

As Christmas approaches itineraries may change in order for ships to host dinners and celebrations for local communities.

Hurtigruten reserves the right to make changes to the programme and shore excursions due to weather and/or other conditions.

JACUZZI

The MS Finnmarken, MS Midnatsol, MS Trollfjord, MS Kong Harald, MS Nordkapp, MS Polarlys, MS Nordnorge and MS Spitsbergen have Jacuzzis on board. There is a pool on MS Finnmarken. They may be closed at times during the winter season or due to the weather conditions. If you are travelling without a cabin, towels can be hired on board for a small fee. The shop on board has a limited selection of bathing suits.

LANGUAGE

Norwegian and English are the official languages on board. The personnel at the reception and some of the service crew often also speak German.

LAUNDRY

Laundry rooms with washing machines, dryers and irons are available on all ships. Tokens may be purchased from reception.

MEALS

A voyage along Norway's coastline is more than just a cruise through fantastic nature. It's also a culinary journey – one that's not only delicious but sustainable too. Hurtigruten puts great emphasis on procuring and preparing locally farmed food. We work with local suppliers along the entire coast to bring you the freshest, tastiest ingredients possible.

Behind each local product we serve, there's an interesting story about life along Norway's coastline. The local purveyors are not just passionate about delivering the freshest, most high quality produce possible, they also share their knowledge and insights to their daily lives at the places we visit. We call our galley 'Norway's coastal kitchen' because the food we serve comes from the freshest, most delicious produce found on the Norwegian coast.

The usual meal times are (Subject to change to adapt port of calls):

- Breakfast from 07:00 10:00 (open seating)
- Lunch from 12:00 14:30 (Open seating)
- Dinner times vary according to the itinerary.

It is usual for dinner to start at 18:00, and there will be a variety of seating options available (times advised on board).

For our full board passengers, the culinary journey begins with a buffet served upon departure day in Bergen and ends with a lunch served when sailing into Bergen on the last day. The food on board is mainly Norwegian according to the concept "Norway's Coastal Kitchen" which is based on local sourcing from a number of small producers from the region we are sailing in.

Breakfast consists of a wide selection of warm and cold food items with daily activities such as waffle frying, carving of smoked salmon and local cheese presentations as a constant variable feature.

Lunch is served mainly in buffet form and offer fish, meat and vegetable courses based on local products, along with selected cold dishes, salads, desserts and fruits.

There are always vegan alternatives available upon request.

It is safe to drink tap water on board. For our **Platinum-fare** guests, a drink package is included, and drink packages can be purchased on board for our Basic- and Select guests.

All ships are fully licensed; the price level is the same as on mainland Norway.

À LA CARTE RESTAURANT

All of our ships, except MS Lofoten, MS Vesterålen and MS Spitsbergen offer a separate *A la Carte restaurant*, where we invite our guests to enjoy a meal in a calmer environment and with personal service. Experience a selection of innovative courses based on local sourcing with premium quality.

You may upgrade from your existing meal plan or pay according to menu. Our Platinum guests are welcome to eat in the A la Carte restaurant without any extra charge every day of their voyage.

Opening hours and the menu are presented on board the ships.

MEDICAL

On the Norwegian Coastal Voyage, ships do not leave territorial waters and are rarely far from land. There is no doctor or pharmacy on board and medical assistance is available at ports or, in an emergency, by helicopter. Some of the crew on each ship are trained in first aid and there is a First Aid room on all ships. If you need assistance, please contact the reception. At the time of printing there are no compulsory vaccinations or health requirements for travelling to Norway. It is however the responsibility of all passengers to ensure they comply with any health requirements at the time of travel.

If you have any mobility or hearing/sight problems, please advise reception on arrival. This will ensure that you receive assistance in the event of an emergency.

If you are prone to seasickness, we suggest you carry effective medication. Some tablets are available on board for sale but they may not be appropriate for every passenger.

MOBILITY

We are happy to welcome passengers who are not fully mobile and all ships (except MS Lofoten) have at least one cabin equipped for travellers using a wheelchair. Passengers who use a wheelchair must bring their own, standard size, foldable chair. Guests who are able to navigate around the ship unaided in a wheelchair need not have a travel companion. Those who need assistance may need to be accompanied. Please discuss this with your booking agent. In the ports there is a ramp or gangway for embarkation/ disembarkation. Excursions have not been adapted specifically for passengers with walking difficulties.

NOTE!

Airlines usually do not allow wet battery wheelchairs on aircraft. Excursions are not suitable for passengers with electric wheelchairs although some are possible with a manual, foldable chair. Please contact the tour leader/expedition leader on board who will be able to advise which excursions are suitable. Drivers and guides are not permitted to lift wheelchairs or passengers at any time.

For assistance at train stations please call NSB (Norwegian State railways) on:

+47 815 00 888.

For assistance when using the Oslo airport train (Flytoget) please call +47 64 821772. Please call at least <u>24 hours before</u> you travel.

SAFETY

It is a safety requirement that all Hurtigruten passengers attend a compulsory safety briefing before the ship leaves port. There will be an opportunity to ask questions if you have any concerns.

Please familiarise yourself with the emergency procedures as shown in the cabins (there is a diagram on the cabin door and in public areas), and ask at reception if in doubt.

In many ports there may be a good deal of activity on the quay with cars joining/ leaving the ships and/or goods being loaded or unloaded. Please be alert to such traffic when embarking and disembarking.

Take care during winter months when it is icy underfoot, particularly on the outside decks and when disembarking the ship or alighting from coaches. Ice spikes and winter clothing can be purchased in the ship's store.

SHOPS

All our ships have a shop with a good selection of high-quality products. We provide clothing and equipment suitable for attending our excursions and hikes, as well as gifts and memories to bring home. Clothing is delivered by high end Norwegian brands. You will also find Hurtigruten labelled products and our own brand Arctic Pure. In addition, there is also a small selection of toiletries available for purchase. On MS Lofoten, this service is handled by the cafeteria.

SMOKING

Smoking is only permitted in designated areas on the outside decks. It is not permitted when the ships are in port and fueling. The staff will advise when its not allowed to smoke outside. To show respect for the environment, please use the provided ashtrays. Throwing cigarette ends overboard is strictly prohibited. Smoking in the cabin is prohibited and subject to a cleaning charge of NOK 1500 to return the cabin to a non-smoking standard.

TELEPHONE

Mobile phones may be used on board although reception may vary, check with your provider for costs when using your phone abroad.

TOUR LEADER/EXPEDITION LEADER

Nine out of our 11 ships (except MS Lofoten and MS Vesterålen) along the Norwegian coast have an Expedition Leader, an expedition team and special activities on board like lectures and presentations, on-deck guiding, gatherings and environmental actions. These ships function as a "base camp" and a starting point for all our onshore activities.

All tour leaders speak Norwegian, English and German. Expedition leaders speak Norwegian and English but not necessarily German. However, the Expedition Team will have German-speaking team members.

WAKE-UP CALLS

When arriving at night disembarking passengers will be woken half an hour to an hour before arrival. On early morning arrivals a wake-up call will be made to allow time for you to vacate the cabin for it to be prepared for the next occupants. You may use the ship's public facilities and the luggage room until you disembark.



IMPORTANT PHONE NUMBERS

ASHORE IN NORWAY

Police: 112 Ambulance: 113 Fire Service: 110

WHILE TRAVELING TO AND FROM YOUR VOYAGE

Phone + 44 33 08 08 18 84

Call this number in the event of an emergency or for urgent assistance when travelling to and from your voyage

CONTACT INFORMATION - SHIPS

PHONE

+47 99 48 72 77

+47 99 48 72 76

+47 97 59 10 00

+47 99 48 72 75

+47 97 58 10 00

+47 99 48 72 74

+47 97 57 10 00

+47 99 48 72 73

+47 48 01 80 00

+47 91 35 20 00

+47 97 49 10 00

SHIP

MS Midnatsol MS Trollfjord MS Finnmarken MS Nordnorge MS Polarlys MS Nordkapp MS Nordlys MS Richard With MS Kong Harald MS Vesterålen MS Lofoten MS Spitsbergen

resepsjon.ms@hurtigruten.com resepsjon.tf@hurtigruten.com +47 48 03 40 00 resepsjon.fm@hurtigruten.com resepsjon.nn@hurtigruten.com resepsjon.pl@hurtigruten.com resepsjon.nk@hurtigruten.com resepsjon.nl@hurtigruten.com resepsjon.rw@hurtigruten.com resepsjon.kh@hurtigruten.com resepsjon.va@hurtigruten.com resepsjon.lo@hurtigruten.com reception@sb.hurtigruten.com

E-MAIL

STERN BOW STARBOARD PORT BRIDGE REFUEL **CRUISE CARD** GANGWAY **TO HOIST** BALLAST CLEARING ΚΝΟΤ GALLEY LEEWARD SIDE WINDWARD SIDE PIER NAUTICAL MILE STABILISERS

BACK OF THE SHIP FRONT OF THE SHIP THE RIGHT SIDE OF THE SHIP THE LEFT SIDE OF THE SHIP THE AREA FROM WHICH THE SHIP IS NAVIGATED **REPLENISH FUEL AT PORTS** ON BOARD PAYMENT CARD WALKWAY BETWEEN LAND AND SEA TO RAISE FLAG OR BANNER WATER SYSTEM USED TO MAINTAIN SHIP STABILITY RULES WHEN ENTERING AND DEPARTING FROM THE SHIP SPEED OF THE SHIP, NAUTICAL MILE (1.852 KM) PER HOUR SHIPS KITCHEN DOWNWIND UPWIND DOCK FROM WHICH THE SHIP WILL LEAVE DISTANCE MEASURE: 1 NAUTICAL MILE = 1.852 KM SHIP EQUIPMENT TO COUNTERACT ROLL CAUSED BY WIND OR WAVES

Hurtigruten reserves the right to make changes. This information is correct at the time of printing but may change at any time. Date: September 2018.



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